Gluconeogenesis

Regulation of Glycolysis & Gluconeogenesis

Gluconeogenesis is the process by which glucose is synthesized from non carbohydrate precursors, occurs mainly in the liver under fasting condition.

Synthesis of glucose from pyruvate utilizes many of the same enzymes as **Glycolysis**.

Three Glycolysis reactions have such a large negative ΔG that they are essentially **irreversible**.

- **Hexokinase** (or Glucokinase)
- Phosphofructokinase
- Pyruvate Kinase.

These steps must be **bypassed** in gluconeogenesis. **Two** of the bypass reactions involve simple **hydrolysis** reactions.



Hexokinase or Glucokinase (Glycolysis) catalyzes: $glucose + ATP \rightarrow glucose-6-phosphate + ADP$ Glucose-6-Phosphatase (Gluconeogenesis) catalyzes: $glucose-6-phosphate + H_2O \rightarrow glucose + P_i$



Phosphofructokinase (Glycolysis) catalyzes: fructose-6-P + ATP → fructose-1,6-bisP + ADP

Fructose-1,6-bisphosphatase (Gluconeogenesis) catalyzes: fructose-1,6-bisP + H₂O → fructose-6-P + P_i



Bypass of Pyruvate Kinase (2 enzymes):

Pyruvate Carboxylase (Gluconeogenesis) catalyzes: **pyruvate** + $HCO_3^- + ATP \rightarrow oxaloacetate + ADP + P_i$

PEP Carboxykinase (Gluconeogenesis) catalyzes: **oxaloacetate** + **GTP** \rightarrow **PEP** + **GDP** + **CO**₂ **Gluconeogenesis take place when :**

- 1. During fasting or starvation or when the level of liver glycogen is low. Gluconeogenesis is important in keeping the blood glucose conc.
- 2. During long exercise, lactate is used as precursor.
 3. When ATP is avialable in the cell (or we need minmum energy requirment).

Gluconeogenes is occurs under conditions in which pyruvate dehydrogenase, pyruvate kinase, PFK and (GK or HK) are relatively inactive.

Regulation of gluconeogenesis

- 1. Under fasting conditions, glucagon is elevated and stimulates gluconeogenesis.
- 2. Gluconeogenesis is inhibited by insulin and after carbohydrates feeding.
- **3**. Gluconeogenesis is stimulate in starvation .
- 4. Glucocorticoids are steroid hormones stimulates gluconeogenesis by increasing protein catabolism in the peripheral tissues.

The major substrates of gluconeogenesis are lactate, glycerol, propionate and glucogenic amino acids.

Glucogenic amino acids (Amino acids are derived from the dietary proteins, tissues proteins or from the breakdown of skeletal muscle proteins during starvation)

After deamination or transamination, glucogenic amino acids yield either pyruvate or intermediates of the TCA cycle. Amino acids that are degraded to acetyl CoA or acetoacetyl CoA are termed ketogenic amino acids because they can give rise to ketone bodies.

The hydrolysis of triacylglycerols in fat cells yield glycerol and fatty acids. Glycerol may enter glycolytic pathway at dihydroxy acetone phosphate.

Summary of Gluconeogenesis Pathway





Glycolysis & Gluconeogenesis are **both spontaneous**.

Glycolysis: $glucose + 2 NAD^+ + 2 ADP + 2 P_i \rightarrow 2 pyruvate + 2 NADH + 2 ATP$

Gluconeogenesis: 2 pyruvate + 2 NADH + 4 ATP + 2 GTP → glucose + 2 NAD⁺ + 4 ADP + 2 GDP + 6 P_i

Why gluconeogenesis is necessary in the body?

1. Gluconeogenesis meets the requirments of glucose in the body when CHO are not avialable in sufficient amount from the diet. Even in conditions, where fat is utilized for energy still certain basal level of glucose is required to meet the need for glucose for special uses, e.g.

- Source of energy for nervous tissues and erytherocytes .

- It is a precursor of milk sugar (lactose) for lactating mammary gland.

- It serves as only fuel for skeletal muscles in anaerobic conditions .

2. Gluconeogenesis mechanisms are required to clear the products of metabolism of other tissues from the blood, e.g.

- Lactic acid produced by muscles and erytherocytes.

- Glycerol which is continuously produced by adipose tissue by lipolysis of TG.